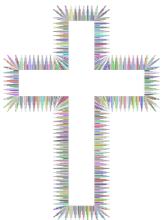


1st Sunday in Lent – 18th February 2024



The Order of the Administration of the Lord's Supper or Holy Communion

Historical note: This is the liturgy that was used in the 1930's. It was an amalgam of two liturgies: an abbreviated form of 1662 with some additions from the Proposed Prayer Book of 1928.

Unlike our worship today, the entire service was led by the priest and much of the service he led (and, of course, it was always a male) facing the East with his back to the people – though today the priest will face the people. You will also notice that the people's participation is minimal and that the people spend much of the time kneeling (though feel free to sit).

The people's responses are in **bold** type.

THE INTRODUCTION

The priest enters and the people kneel (or sit). The priest, standing before the altar, says the Lord's Prayer with the Collect of Purity.

Our Father which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, but deliver us from evil. Amen.

Almighty God, unto whom all hearts be open, all desires known, and from whom no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of thy Holy Spirit, that we may perfectly love thee, and worthily magnify thy holy Name; through Christ our Lord. **Amen.**

OUR LORD'S SUMMARY OF THE LAW

Then shall the Priest say

Our Lord Jesus Christ said:

Hear, O Israel, The Lord our God is one Lord; and thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy mind, and with all thy strength. This is the first commandment. And the second is like, namely this: Thou shalt thy neighbour as thyself. There is none other love commandment than these. greater these On two commandments hang all the Law and the Prophets.

Lord, have mercy upon us,

and incline our hearts to keep this law.

Then shall the Priest say the Collect of the Day,

O LORD, who for our sake didst fast forty days and forty nights: Give us grace to use such abstinence, that, our flesh being subdued to the Spirit, we may ever obey thy godly motions in righteousness and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. Amen.

THE MINISTRY OF THE WORD

The Epistle is written in the first letter of Saint Peter, chapter three, beginning at the eighteenth verse.

And the Epistle ended, the reader shall say, Here endeth the Epistle.

All stand as the following hymn may be sung

Forty days and forty nights Thou wast fasting in the wild; Forty days and forty nights Tempted, and yet undefiled.

Sunbeams scorching all the day; Chilly dew-drops nightly shed; Prowling beasts about Thy way; Stones Thy pillow; earth Thy bed.

Shall not we Thy sorrow share And from worldly joys abstain, Fasting with unceasing prayer, Strong with Thee to suffer pain? Then if Satan on us press, Jesus, Saviour, hear our call! Victor in the wilderness, Grant we may not faint nor fall!

So shall we have peace divine: Holier gladness ours shall be; Round us, too, shall angels shine, Such as ministered to Thee.

Keep, O keep us, Saviour dear, Ever constant by Thy side; That with Thee we may appear At the eternal Eastertide.

The priest shall say

The Holy Gospel is written in the first chapter of the Gospel according to Saint Mark, beginning at the nineth verse. **Glory be to thee, O Lord.**

The Gospel ended, the people say **Praise be to thee, O Christ.**

The Creed

I believe in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible: And in one Lord Jesus Christ, the only-begotten Son of God, Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God, Begotten, not made, Being of one substance with the Father, By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man, And was crucified also for us under Pontius Pilate. He suffered and was buried, And the third day he rose again according to the Scriptures, And ascended into heaven, And sitteth on the right hand of the Father. And he shall come again with glory to judge both the quick and the dead: Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord and giver of life, Who proceedeth from the Father and the Son, Who with the Father and the Son together is worshipped and glorified, Who spake by the Prophets.

And I believe one Catholick and Apostolick Church. I acknowledge one Baptism for the remission of sins. And I look for the Resurrection of the dead, And the life of the world to come. Amen.

The Sermon

THE OFFERTORY AND INTERCESSION

All stand

The priest begins the Offertory by saying the sentences.

Let your light so shine before men, that they may see your good works, and glorify your Father which is in heaven. *S. Matthew* 5

Not every one that saith unto me, Lord, Lord, shall enter into the kingdom of heaven; but he that doeth the will of my Father which is in heaven. *S. Matthew* 7

A Hymn may be sung during the collection of the Alms.

Through the night of doubt and sorrow onward goes the pilgrim band, singing songs of expectation, marching to the promised land. Clear before us through the darkness gleams and burns the guiding light; pilgrim clasps the hand of pilgrim, stepping fearless through the night.

One the light of God's own presence o'er his ransomed people shed, chasing far the gloom and terror, brightening all the path we tread:

One the object of our journey, one the faith which never tires, one the earnest looking forward, one the hope our God inspires:

One the strain that lips of thousands lift as from the heart of one; one the conflict, one the peril, one the march in God begun:

One the gladness of rejoicing on the far eternal shore, where the one almighty Father reigns in love for evermore.

Onward, therefore, Christian pilgrims, onward with the cross our aid; bear its shame, and fight its battle, till we rest beneath its shade.

Soon shall come the great awaking, soon the rending of the tomb; then the scattering of all shadows, and the end of toil and gloom.

The Alms of the People having been collected and offered, the Priest also offers bread and wine as part of the people's offering and places upon the Holy Table sufficient for the Communion.

All kneel or sit

Here the Priest may request thanksgiving or intercession for a special purpose.

Let us pray for the whole state of Christ's Church.

Almighty and everliving God, who by thy holy Apostle hast taught us to make prayers, and supplications, and to give thanks, for all men: We humbly beseech thee most mercifully [to accept our alms and oblations, and] to receive these our prayers, which we offer unto thy Divine Majesty; beseeching thee to inspire continually the universal Church with the spirit of truth, unity ,and concord: And grant, that all they that do confess thy holy Name may agree in the truth of thy holy Word, and live in unity, and godly love.

We beseech thee also to lead all nations in the way of righteousness and peace; and so to direct all kings and rulers, that under them thy people may be godly and quietly governed. And grant unto thy servant Charles our King, and to all that are put in authority under him, that they may truly and impartially minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion, and virtue.

Give grace, O heavenly Father, to all Bishops, Priests, and Deacons, especially to thy servant Andrew our bishop, that they may both by their life and doctrine set forth thy true and living Word and rightly and duly administer thy Holy Sacraments. Guide and prosper, we pray thee, those who are labouring for the spread of thy Gospel among the nations, and enlighten with thy Spirit all places of education and learning; that the whole world may be filled with the knowledge of thy truth. And to all thy people give thy heavenly grace; and specially to this congregation here present; that, with meek heart and due reverence, they may hear, and receive thy holy Word; truly serving thee in holiness and righteousness all the days of their life.

And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them, who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity.

And we commend to thy gracious keeping, O Lord, all thy servants departed this life in thy faith and fear, beseeching thee to grant them everlasting light and peace.

And here we give thee most high praise and hearty thanks for all thy Saints, who have been the chosen vessels of thy grace, and lights of the world in their several generations; and we pray, that rejoicing in their fellowship, and following their good examples, we may be partakers with them of thy heavenly kingdom.

Grant this, O Father, for Jesus Christ's sake, our only Mediator and Advocate; who liveth and reigneth with thee in the unity of the Holy Ghost, one God, world without end. **Amen.**

THE PREPARATION

The Priest then says to the People,

Ye that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways: Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

The Confession.

Priest and People together.

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men: We acknowledge and bewail our manifold sins and wickedness, Which we from time to time most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord. Amen.

The Absolution.

Then shall the Priest, standing, say

Almighty God, our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; Have mercy upon you; pardon and deliver you from all your sins; confirm and strengthen you in all goodness; and bring you to everlasting life; through Jesus Christ our Lord. **Amen**.

Then shall the Priest say,

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

Come unto me all that travail and are heavy laden, and I will refresh you. *St. Matthew* 11.28

So God loved the world, that he gave his only-begotten Son, to the end that all that believe in him should not perish, but have everlasting life. *St. John 3.16*

Hear also what Saint Paul saith.

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 St. Timothy 1.15*

Hear also what Saint John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins. *1 St. John 2.1*

THE CONSECRATION

Then shall the Priest say,

Priest.	Lift up your hearts;
People.	We lift them up unto the Lord.
Priest.	Let us give thanks unto our Lord God;
People.	It is meet and right so to do.

It is very meet, right, and our bounden duty, that we should at all times, and in all places, give thanks unto thee, O Lord, Holy Father, Almighty, Everlasting God. Through Jesus Christ our Lord; for he is the true High Priest, who hath washed us from our sins, and hath made us to be a kingdom and priests unto thee our God and Father.

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnify thy glorious Name; evermore praising thee, and saying:

Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory: Glory be to thee, O Lord most High. Amen.

Blessed is he that cometh in the Name of the Lord: Hosanna in the highest.

> Then shall the Priest, kneeling at the Lord's Table, say in the name of all The Prayer of Humble Access

We do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy: Grant us therefore, gracious Lord, so to eat the flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. **Amen.**

The Priest, standing at the Lord's Table, says the Prayer of Consecration

Almighty God, our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death upon the Cross for our redemption; who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction, for the sins of the whole world; and did institute, and in his holy Gospel command us to continue, a perpetual memory of that his precious death, until his coming again: Hear us, O merciful Father, we most humbly beseech thee; and grant that we receiving these thy creatures of bread and wine, according to thy Son our Saviour Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed Body and Blood: who, in the same night that he was betrayed, took Bread; and, when he had given thanks, he brake it, and gave it to his disciples, saying, Take, eat; this is my Body which is given for you: Do this in remembrance of me. Likewise after supper he took the Cup; and, when he had given thanks, he gave it to them, saying, Drink ye all of this; for this is my Blood of the New Testament, which is shed for you and for many for the remission of sins: Do this, as oft as ye shall drink it, in remembrance of me. Amen.

Then shall the priest first receive the Communion in both kinds himself, and then proceed to deliver the Communion to those gathered saying at the administration of the bread,

The Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life. Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

And the Minister that delivereth the cup to any one shall say

The blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life. Drink this in remembrance that Christ's blood was shed for thee, and be thankful.

When the Priest has returned to the Lord's Table, and the People to their places, the Lord's Prayer is said by the Priest and People together.

Our Father, which art in heaven, Hallowed be thy Name, Thy kingdom come, Thy will be done, in earth as it is in heaven. Give us this day our daily bread; And forgive us our trespasses, As we forgive them that trespass against us; And lead us not into temptation, But deliver us from evil. For thine is the kingdom, the power, and the glory, For ever and ever. Amen.

The Priest says

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. **Amen.**

Then shall be said by all

Glory be to God on high, and in earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

All kneeling.

THE BLESSING

The peace of God, which passeth all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you and remain with you always. **Amen.**

Lead us, heavenly Father, lead us through this world's tempestuous sea; guard us, guide us, keep us, feed us, now and to eternity: here possessing every blessing, if our God our Father be. Saviour, by your grace restore us – all our weakness are plain; you have lived on earth before us; you have felt our grief and pain; tempted, taunted, yet undaunted, from the depths you rose again.

Spirit of our God, descending, fill our hearts with holy peace; love with every passion blending, pleasure that can never cease: thus provided, pardoned, guided, ever shall our joys increase.